

## State of the Districts 2023

### House District 140

Alfred, Lyman (part), Waterboro (part)

Population		
Your District		Statewide
8,975	Total population	1,372,000
4%	Population who identifies as people of color	8%
14%	People experiencing a physical or mental disability	16%

Employment		
Your District		Statewide
3.0%	Estimated unemployment in December 2022	3.4%
83%	Adults aged 25-54 working or looking for work. Reasons for not working include poor health, lack of childcare, and lack of good jobs.	84%

Income & Taxation		
Your District		Statewide
490	Households that claimed the federal Earned Income Tax Credit in 2019. The EITC boosts income for working families with low income.	95,110
900	Households that claimed the federal Child Tax Credit in 2019. The CTC provides extra support to families with children.	141,670
94%	Share of households with incomes below \$200,000 in 2020	96%

Education		
Your District		Statewide
4%	Working-age adults (age 25–64) who did not complete high school. Nearly three out of four jobs require a high school diploma.	5%
29%	Working-age adults who have a bachelor's degree	34%

Health Care		
Your District		Statewide
581	People enrolled in expanded MaineCare on Dec 1, 2022	110,812
23%	People enrolled in Medicare	23%

Poverty & the Safety Net		
Your District		Statewide
5%	Children who live in poverty. Children in poverty have worse health and educational outcomes.	15%
7%	People who live in poverty. Mainers in poverty don't have the resources to meet their most basic needs.	12%
36%	Households that receive Social Security. The average monthly payment statewide is \$1,672 per household.	37%
8%	Households that receive some cash assistance during the year. This includes TANF and General Assistance. The average cash assistance in Maine was \$340 per household per month in 2021.	7%

Food Security		
Your District		Statewide
7.9%	Households estimated to have been food insecure in 2020	10.4%
7%	Households that received food assistance (SNAP) in 2021. The average monthly household payment in Maine in 2019 was \$183.	12%

## Notes

Except as noted below, data is from the United States Census Bureau, American Community Survey. The figures represent five-year estimates averaging the period from 2017 through 2021.

Unemployment estimates were calculated using ZIP code-level data on unemployment insurance claims from the Maine Department of Labor for December 2022.

Expanded Medicaid enrollment data from Maine Department of Health and Human Services for December 1, 2022.

EITC and CTC data is from the United States Internal Revenue Service, as compiled by the Center on Budget and Policy Priorities for tax year 2019. See [apps.cbpp.org/program\\_participation](https://apps.cbpp.org/program_participation)

Rates of food insecurity in 2020 were estimated using American Community Survey data on district demographics and economic condition, following a methodology used by *Feeding America*. See [feedingamerica.org/research/map-the-meal-gap/how-we-got-the-map-data](https://feedingamerica.org/research/map-the-meal-gap/how-we-got-the-map-data).

For more information and to compare legislative districts, visit [mecep.org/districtdata](https://mecep.org/districtdata).